



Meet the faculty of Sports Specific Nutrition Management Course



Dr. Geetanjali Bhide

PhD (Sports Nutrition) University of Mumbai,
Sports and Fitness Nutritionist,
Secretary, ASNFS
Founder Nutritionist, Army Sports Institute

Modules of Fundamentals of Sports and Exercise, Essentials of Diet Planning, Nutrition for Endurance Sports (Marathon), Diet Planning for Combat Sports

PhD SNTD Women's University
Senior Vice President, ASNFS
Associate Professor,
College of Home Science, Nirmala Niketan,
Mumbai



Dr. Subhadra Mandalika

Module on Nutrition Assessment of Athletes



Ms. Shiny Surendran

Preventive and Sports Nutritionist,
IOC Diploma in Sports Nutrition,
Masters in Dietetics and Food Service,
WCC, Chennai

Module on Nutrition for Racket Sports (Tennis)

Masters in Sports and Exercise Nutrition
PhD Nutrition, SNTD University, Mumbai
Nutrition Consultant (Sports, Wellness)
Nutrition Content Creation and Strategy,
Competitive Intelligence



Dr. Mridula Naik

Module on Nutrition for the Child and Adolescent Athlete



Sports sciences expert, High Power Committee, Talent Identification and development, Khelo India (Min of Youth Affairs and Sports, Govt of India)

Member Governing Body, National Doping Testing Lab (NDTL) (Min of Youth Affairs and Sports, Govt of India)

Member Anti-Doping Disciplinary panel under aegis of NADA (National Anti-Doping Agency)

Special invitee Working Group on the use of health supplements for sportsperson FSSAI and NADA

Dr. (Col) Rana Chengappa

Module on Sports Medicine

MSc Sports and Exercise Nutrition, Leeds Beckett University, UK
Sports Nutritionist- Gauri Murthy Nutrition Centre, Faculty at Nirmala Niketan
Researcher, Rush Football Club, Mumbai



Ms. Romaisa Khan

Module on Nutrition for Team Sports (Football)



Masters in Applied Psychology

Winner of Shivachatapati award for excellence in Sports, Govt of Maharashtra,

National champion, Triathlon Sea-swimmer

Ms. Amruta Karkhanis Deshmukh

Module on Sports Psychology

MSc Food Science and Nutrition
IOC Batch of 2022,

International Mallakhamb Judge,

Winner of Shivachatapati award for excellence in Sports, Govt of Maharashtra

Former Sports Nutritionist, Sports Authority of India, Aurangabad



Ms. Apurva Surve

Module on Indian Sports (Mallakhamb and Kho kho)



Sports & Wellness Nutritionist,
Gauri Murthy's Nutrition Center and Academy,
M.Sc Foods, Nutrition and Dietetics,
Specialist in Performance Nutrition (SPN), ISSA UGC-NET,
Certifications in Anthropometry, Nutrigenomics & Onco Nutrition,

Ms. Gauri Murthy

**Module on Nutritional Supplements, Ergogenic Aids
used in Sports**

Bachelor of Physiotherapy MUHS,
Master of Sports physiotherapy University of South Australia,
Musculoskeletal and Sports Physiotherapist,
Senior Physiotherapist,
Olympic Gold Quest



Module on Sports Physiotherapy

Dr. Aalaap Javadekar



Masters in Sports and Exercise Nutrition
PhD Nutritional Sciences, Rutgers, State University of New Jersey,
TEDx Speaker,
Nutrition Consultant (Pediatric, Sports)
Nutrition Advisor to Start-ups, Nutrition Content Creation and Strategy

Dr. Sripriya Mahesh

**Modules on Nutrition Training in Different Environmental Conditions &
Nutrition for Indian Sports (Kabbadi and Kho-Kho)**

MBBS, PGDSM, FIFA Diploma in Football Medicine,
Former Doping Control Officer for National Games
Member of Anti-Doping Committee, Commonwealth Games 2010
Executive Committee Member, IASM (Indian Association of
Sports Medicine)



Dr. Suneet Kumar Ghai

Module on Doping in Sports- Regulations